

Bringing Unified Sports to Methacton HS

February 19, 2019

What Is A Unified Sport?

- ★ A fully-inclusive co-ed high school sports program which facilitates social inclusion by bringing together students with and without intellectual disabilities
- ★ Teams are regarded like every other interscholastic sports team at the high school
- **★** Three components:
 - Interscholastic Unified Sports HS Team Unified Track & Field
 - Inclusive Youth Leadership
 - Whole School Engagement

Montgomery County Schools Who Offer Unified Sports

- **★** Abington
- **★** Spring-Ford
- * Cheltenham
- **★** Souderton
- **★ North Penn**
- **★** Harriton
- **★** Upper Merion

Why Bring Unified Sports to Methacton?

What the research says... Research Overview

- ★ More than 5.7 million Special Olympics Athletes compete across 172 countries
- ★ More than 1.4 million Unified Sports athletes worldwide
- ★ 97% of high school seniors say that Unified Champion Sports are changing their school for the better
- ★ 79% of Unified teammates w/o disabilities report an increased understanding of people with ID
- ★ 82% of family members in the U.S. report that athletes improve their self-esteem after participating in Unified Sports

Logistics for Methacton Unified Track & Field

- ★ There would be approximately two practices per week that would take place on the high school track at the same time as Methacton boys and girls track practice.
- ★ The start and end dates for the unified track and field season mimic the PIAA start and end dates (March 3rd to the middle of May).
- ★ The goal for the first year would be to have a roster of 14 (7 and 7).
- * There are three competitions, one home and two away.

Cost Analysis

- ★ The most significant cost is for transportation to the two away competitions.
- ★ Special Olympics covers uniform and equipment costs.
- ★ Athletic Training/Nurses/PCA's- Cost analysis is being done.
- ★ Meet Officials- Need two for the one home meet. Hope is to have this service donated.

Cost Analysis

Approximate Expenses:

Nursing Services- \$52.00 per hour X's approximately 40 hours = \$2,080.00

PCA's- TBD (Based on need and could be volunteers)

Meet Day Expenses- DONATED

Travel Expenses- Approximately \$400 per away meet X's 2 = \$800.00

(Could change if we need a wheelchair accessible bus)

Coaching Salaries- \$1,407.60 X's 2 coaches = \$2,815.20

(Special Olympics Subsidizes \$1,500/yr total for coaches)

Equipment- Zero cost

Uniforms- Zero cost

Total Approx. Cost for Spring 2019 = \$4,195.20

Where Are We Now?

We are making plans and seeking approval to have a Unified Track and Field Team for the Spring of 2019.

Feb 20, 2019	Hold Parental Meeting (organize parents for potential program/gather feedback)
Feb 21, 2019	Coaches/Mentors Training at Springfield Township HS
Feb 21-26, 2019	Produce flyer and other media for release on Feb 27th
Feb 26 2019	Board Approval
Feb 27, 2019	Advertise Program to Students/Parents
Mar 4, 2019	Hold Student Athlete Recruitment/Information Meeting (parents welcome)
Mar 4, 2019	First day of PIAA Spring Sports Practice Begins
Mar 11, 2019	Targeted last day to sign up
Mar 13/18, 2019	Targeted Start of Methacton Unified Sports Track and Field

Thanks!

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